



Spinning Around

Spinning makes you dizzy and it can feel like everything is out of control around you. Some things in life can feel like this too but Jesus is our unshakeable hope!

1. Spin around until you feel a little dizzy
2. Tell God about something that is worrying you or something that is really good
3. Thank Jesus for being constant, unchanging and unshakeable hope to hold onto



Shout it Out

Sharing the truth we know about God with our friends and family helps us to be strong and unshakeable.

Supplies

Dice

1. Roll the die.

1: 1 jump

4: sit ups

2: 2 burpees

5: 5 star jumps

3: 3 push ups

6: lunges

2. Race to complete the exercise for that number.

3. Shout it out:

Jesus is our unshakeable hope!

4. Pass the die to the next person.



Sing It!

Tell God how good He is with your voices and even dancing today!

Something Good

https://www.youtube.com/watch?v=d0xhTVKHo_Y

This week, tell someone in your family why we sing songs to God.



Memory Verse Challenge

If Discovery Kids get 40 points, we will **slime** our
Young Adults Pastor, Ben!!

So we need your help!

Send us an entry by emailing us a video of you and anyone else in your family completing this month's memory verse

"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

Romans 15:13

Whole Bible verse = 2 points

Half Bible verse = 1 point

Multiple people are allowed in the same video

Unlimited entries allowed, but it must be a new video submitted each time.

Let's see how you go Discovery Kids!

EMAIL: kids@discoverychurch.com.au

**Discovery
KIDS**